

A Guide to Recycling



All items should be **empty, rinsed, clean** and **open**. Do **not** shred, box, bag or bundle.

What's IN?

What's OUT?

PAPER		GLASS	METAL		PLASTIC	
Cardboard & boxboard	Magazines & newspaper inserts	Beverage bottles & jars	Aerosol containers (food grade only)	Foil containers	Plastic bottles (with or without caps attached)	Plastic one-use cups (no lids, no straws)
Food & beverage cartons	Newsprint	Food bottles & jars	Aluminum foil	Metal lids from cans & bottles	Plastic containers, tubs & lids	
Junk mail	Office paper		Cans & bottles			
	Pizza boxes					
Gift wrap & gift bags	Shredded paper	Ceramic mugs & plates	Aerosol containers (cleaners, pesticides, etc.)	Pots & pans	Loose bottle caps	Prescription bottles
Ice cream containers	Take-out food containers	Drinking glasses	Foil tops from yogurt containers	Small pieces of scrap metal	Plastic bags & wrap	Single-use coffee containers
Paper cups (hot & cold)	Tissue paper		Paint cans	Spiral wound containers	Plastic plates, bowls & utensils	Styrofoam cups & containers
						Water filters